

**Florence MacDougall Community School** provides a safe, happy and successful environment for everyone.

Our FMCS family reads, works, cares and shares together. We believe in **FRIENDSHIP, MANNERS, CARING, and SAFETY.**

### **HISTORY OF SISTER FLORENCE MACDOUGALL**

Sister Marie MacDougall was born and raised in St. Joseph's Parish, Antigonish, Nova Scotia. Prior to her entry into the Sisters of Service in 1943, she taught in schools in Bruderheim and Yaroslaw, Alberta. After her profession, Sister taught in Wexford, Ontario and Rycroft, Manning, Peace River, and High Level in northern Alberta.

Sister's specialty was in Primary Education and because of this specialty and her many years of experience, she was often asked to introduce young teachers to the arts and skills of instructing young children in their formative years, which she considered a joy and a privilege, and did wholeheartedly.

In June 1979, the Order of the Royal Purple presented Sister with a ten-year School Perfect Attendance plaque, and the students and staff of the High Level Public School dedicated their 1979-80 book of memories "to a special teacher who will remain in our hearts and memories for years to come".

Sister died in the 38<sup>th</sup> year of her religious life on May 13, 1981 in the Misericordia Hospital, Edmonton. Father John Spicer, C.S.S.R., and Father John Hess concelebrated Mass of the Resurrection in St. Joseph's Cathedral on May 15. After the Mass, Sister's nephew, Dr. David MacDougall, played a traditional lament on the bagpipes.

Interment was in St. Joachim's Cemetery, Edmonton, Alberta.

### **MACDOUGALL TARTAN**

Red and navy, the two dominant colors of the MacDougall tartan, were chosen as the school colors.

### **FLORENCE MACDOUGALL COMMUNITY SCHOOL SONG**

Mrs. Mary-Jane Hollier wrote the lyrics of the school song to the melody of "Scotland The Brave".

#### **SCHOOL SONG**

"Look to the red and navy  
Stand for the red and navy  
Florence MacDougall School  
We're loyal and true.

Centre of love and learning  
Centre of understanding  
Our northern welcome  
Kee ute meela fallcha.

Here's to MacDougall School  
Florence MacDougall School  
Guiding the path that  
I'll tread for years to come.

Look to the red and navy  
Stand for the red and navy  
Florence MacDougall School  
We're loyal and true.

Centre of love and learning  
Centre of understanding  
Our northern welcome  
Kee ute meela fallcha."

## DAILY OPERATION

- 8:45 AM First Bell  
8:48 AM Morning Classes Begin  
10:00 AM MORNING RECESS  
10:15 AM Morning Classes Resume
- 11:45 AM LUNCH  
12:00 PM LUNCH RECESS
- 12:30 PM DEAR Time  
12:42 PM Afternoon Classes Begin  
2:12 PM AFTERNOON RECESS  
2:27 PM Afternoon Classes Resume  
3:30 PM Students Dismissed

## OFFICE PROCEDURES

Daily office hours are 8:00 AM – 4:00 PM.

The phone number is 780-926-2331, and the fax number is 780-926-3116.

**If a child is under a custody order, we MUST have a copy of it in order to abide by it.**

## BUSSING

Bussing is provided for rural children in grades K-3. Bussing for urban students is available for a fee. Bus arrivals and departures are supervised. Bus drivers explain expected student behavior and safety procedure.

**Rural families**, please contact the FVSD Bus Garage at 780-928-3860 for bussing information and to register. **Urban families** may register their child(ren) for bussing in the school office beginning in August.

Busses may not be operational on bad weather days; however, the school is open. It is announced over the **Radio Stations CKYL 102.1 and KIX FM 106.1** if the busses are not running due to inclement weather. You may also download the FREE **Bus Status** app by Box Clever from the iTunes store or Google Play.

Our website also displays all current bus statuses on the home page ([fmcs.fvsd.ab.ca](http://fmcs.fvsd.ab.ca)).

**Children riding busses should be dressed warmly in case the bus breaks down.** Children will be sent home by their regular means unless *parents* advise us of a different arrangement.

## STUDENT LOADING ZONE

Our parking area and student loading zone had some improvements done over the summer. Please follow all posted signage during pickup and drop off times.

If you drop your children off or pick them up in front of the school, please use the **west side** of the Rainbow Boulevard.

**NO CHILDREN should be dropped off on the EAST SIDE of Rainbow Boulevard.**

## ABSENTEEISM AND TARDINESS

Regular attendance is a requirement of the School Act. Please ensure that your child is absent only when necessary (ie. sickness, medical appointments).

Punctuality is a general expectation for all.

**For safety reasons, children arriving late MUST use the front doors of the school and check in at the office before proceeding to class.** If a child is habitually late or absent, the parents or guardians will be contacted.

## ABSENCE AUTOMATED CALL OUT

The purpose of this program is to inform parents that their child has not arrived at school. **Whenever your child will be absent, please call the school at 780-926-2331, fax 780-926-3116 or email [flomac@fvsd.ab.ca](mailto:flomac@fvsd.ab.ca) by 8:45 AM.** At 9:20 AM when the student is not accounted for your child's information will be uploaded to our call out system. If you choose not to be a part of our program, please call the school.

## TELEPHONE POLICY

Children have access to the phone to call parents if they are not feeling well or if they have forgotten their lunch.

**Students MAY NOT use the phone to make arrangements to visit friends.**

## NUTRITION PROGRAM AND LUNCH POLICY

FMCS operates a hot lunch program; watch for menus and information coming home in agendas each month.

Students are encouraged to stay at school for lunch. Lunches are eaten in the students' own classrooms from 11:45 AM to 12:00 PM, and a staff member (usually their teacher) will be supervising. Students are NOT permitted to leave the school grounds unless they bring a note from home.

## STAFF

All teachers at Florence MacDougall Community School are certified to teach in the province of Alberta. All staff must provide a criminal record and intervention record (child welfare) check prior to employment with Fort Vermilion School Division #52.

## WEATHER POLICY

Students will be outdoors at recess when at all possible. This includes rainy days and when temperatures are above -25°C. **Please ensure that your child is dressed appropriately.**

## FOOTWEAR

**Students MUST have indoor shoes.** This is necessary in the event of a fire drill or a fire.

Please label your child's shoes with their name.

## ILLNESS AND INJURY

When children are ill, it is undesirable for them to be at school. Their health is regained more slowly, they learn little, and there is the possibility of others coming into contact with the illness.

If a child becomes ill during the day, the parent or guardian will be contacted and advised to take the child home. In the case of injury on the playground or in the school, the child is taken to the infirmary. If the injury is very minor, appropriate first aid is used. If the injury appears more serious, the parent or guardian will be notified.

**It is extremely important that we have your CURRENT PHONE NUMBER, as well as a work number or alternative number.**

## FIRE DRILLS AND LOCKDOWNS

Fire Drills and Lockdowns are conducted throughout the year. Plans are posted in each classroom to ensure a safe and orderly procedure.

## EMERGENCIES

In case of an emergency the students of Florence MacDougall Community School will be evacuated to the High Level Public School gymnasium.

## COMMUNITY HEALTH

The Public Health Nurse visits the school as required to do immunizations and tuberculin skin test if parental consent has been granted. They may also do vision and hearing screening if so requested.

## MEDICAL INFORMATION

Please inform the school of any medical problems your child may have. It is necessary for us to know about the problem and the immediate treatment if we are to respond wisely given an emergency situation.

## **PEANUT/NUT SAFE POLICY**

Due to severe allergic conditions within our student body, **FMCS IS A PEANUT/NUT SAFE ZONE.** *This includes peanuts, almonds, cashews, hazelnuts, macadamia nuts, pecans, walnuts or any type of tree nut.*



It is very important that all parents and students help us by not sending peanuts/nuts or food containing them to school. Our goal is to create an environment where all children are safe and comfortable. Thank you for your assistance in this area.

## **LIBRARY**

There are a wide variety of books, online resources and magazines in our library for students.

Students are allowed to sign out books for a two week period. If library books are lost, students are expected to pay replacement cost.

## **SKATEBOARD/ROLLER BLADE, SCOOTER AND BIKE POLICY**

Students are asked to bring a bike lock to help secure their bike during the day. For safety reasons, they are not to be used on school property during the school day.

## **EFFECTIVE BEHAVIOR SUPPORT (EBS)**

At FMCS we believe that a positive approach to discipline and teaching students appropriate behaviors throughout the year will help them to be successful, safe and secure. EBS is a system that we use to help our children learn the expected behaviors and reward those same behaviors. We have four school wide rules (see below) that we teach the children; and we provide them with positive examples to be successful.

### **FRIENDSHIP**

### **MANNERS**

### **CARING**

### **SAFETY**

Children identified as following the rules will be rewarded with a *Bear Hug*. This certificate is collected in the office and at the end of each week will be entered for the chance to win a prize. In our EBS system we reward students for positive behavior. This teaches children that appropriate behaviors are worthwhile.

## **SCHOOL COUNCIL**

The Florence MacDougall Community School council would like to take this opportunity to welcome you and your child (children) to our school.

Councils are a collective association of parents, teachers, principals, staff and community representatives who work together to promote the well-being and effectiveness of all stakeholders in the school community and thereby enhance student learning. The purpose of school council is to be an advisory group to the principal.

*You are encouraged to attend the monthly meetings!*

**FRIENDS OF FLORENCE MACDOUGALL  
COMMUNITY SCHOOL/PARENT  
VOLUNTEERS**

Friends of Florence MacDougall Community School (*Friends of FloMac*) is a non-profit organization made up of parents, staff and community members that fundraise for the school. They meet a few times a year to discuss fundraising ideas.

Thanks to Friends of FloMac we have a brand new playground, hot dog rollers and library furniture at our school.

They are always willing to help out in many different ways for our school. If you would like to become a member of Friends of FloMac, or have your name put on their list as a volunteer, please call the school. Thank you so much for your time and energy. The students, staff and parents of FloMac appreciate it.



For more information about FMCS, please visit our school website at: <https://fmcs.fvsd.ab.ca>

For information on upcoming events and to follow along with all the FMCS fun that happens, find us on Facebook: **Florence MacDougall Community School** (Search for *fmcsclub* and Like our page).

**IMPORTANT PHONE NUMBERS**

**Florence MacDougall Community School**

Phone ..... 780-926-2331  
Fax ..... 780-926-3116  
Email..... flomac@fvsd.ab.ca  
Website ..... <https://fmcs.fvsd.ab.ca>

**Bussing**

FVSD Bus Garage ..... 780-928-3860

**Fort Vermilion School Division #52**

**Central Office**..... 780-927-3766  
Spirit of the North  
Community School..... 780-841-7200  
High Level Public School..... 780-926-3706

**Emergency Contacts & Community Services**

Fire/RCMP/Ambulance .....911  
Northwest Health Centre  
Main Line ..... 780-841-3200  
High Level Medical Clinic ..... 780-926-2286  
Aurora North Medical Clinic ..... 780-926-3824  
Community Health  
(Public Health) ..... 780-841-3230  
Blue Sky Dental Clinic ..... 780-926-2660  
FYidoctors (Optometrist) ..... 780-926-2776

Town of High Level ..... 780-926-2201  
Family & Community Support Services (FCSS)  
After School Program/Day Camp ..... 780-821-4026



# SchoolCashOnline

Please visit the link below to register online (it takes less than 5 minutes!). Once you have registered your child, you will be able to see when they have a new item posted online for purchase. You also have the option to be notified whenever your child has a new school expense due, so you don't have to worry about missing the deadline.

To set up an account and explore the system, please follow the instructions below. We look forward to hearing your feedback!

## **Register Online:**

**Step 1: Please visit this link: <https://fvsd.schoolcashionline.com>**

**Step 2: Register by selecting the “Register” button and following the steps.**

**Step 3: After you receive the confirmation email, select the “click here” option, login in and add each of your children to your household account.**

**✓ Convenient ✓ Safe ✓ Secure**

If you have any questions during the registration process or while shopping online, please select the **SUPPORT** option in the bottom right hand area of the screen.



Fort Vermilion School Division is offering *School Cash Online* as its preferred method of payment for virtually all related school fees, including everything from lunch cards or School Clothing to Yearbooks.

*School Cash Online* helps parents and community members pay school-related fees safely, quickly and easily. By using *School Cash Online*, you help increase efficiency and security at schools by making payments directly into your school's bank account. This allows teachers and secretaries to focus on helping students, and not counting cash. Plus, you get to stay informed of your child's activities and needs!

Powered by KEV Group, *School Cash Online* is the industry leader in school financial management. Schools post their items and activities through the system and assign the relevant fees to your student. You can then choose to purchase these fees online through using either e-check, my wallet or credit card. You can also stay informed and keep track of which school fees require your attention.

You are now able to register – a simple task that takes less than two minutes – by visiting <https://fvsd.schoolcashionline.com> or visiting our school website and navigating your way to the *School Cash Online* page. You will need your child's first name, last name and date of birth to register. Should you encounter any difficulties, you can use the parent help desk by visiting [schoolcashionline.com/Home/Support](https://fvsd.schoolcashionline.com/Home/Support).

## FMCS CUBS READING CLUB

Reading with your child is one of the most valuable gifts you can give. Did you know that even prior to entering school, children who are read to daily, have already been exposed to over 1 million words!?



FMCS recognizes the important job we have in partnering with parents to build the foundation for strong reading skills. One way that we celebrate and support literacy is through our

## Cubs Reading Club!

**This year all students will be part of MONTHLY reading challenges!**  
Nightly reading goals for the month will be set, and the literacy committee has many fantastic prizes and activities for students who participate!

The following calendar will be the tracking tool. When you read 15 minutes with your child, please initial the day. Our monthly newsletters will let you know what your child is working towards.

### SEPTEMBER 2020

Student of the Month: **CARING**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>FMCS Cubs - Reading Club</b> GOAL: 15 minutes/day <i>Track your child's reading by initialing the grey box next to the date.</i>	<b>FIRST DAY OF CLASSES (K - 3)</b>				
6	7	1	3	4	5	
	Labour Day <b>NO SCHOOL</b>	8	9	10	11	12

**Reading is to the mind, what exercise is to the body.**


- Richard Steele

# AUGUST 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	Civic Holiday 3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24		Organizational Day	Professional Dev. Day	Professional Dev. Day	
30	Organizational Day 31	25	26	27	28	29

# SEPTEMBER 2020

Student of the Month: **CARING**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p><b>FMCS Cubs - Reading Club</b> GOAL: 15 minutes/day Track your child's reading by initialing the grey box next to the date.</p>		FIRST DAY OF CLASSES (K - 3)				
		1	2	3	4	5
6	Labour Day <b>NO SCHOOL</b>	8	9	10	11	12
13	14	15	16	17	18	19
Terry Fox Run				Early Dismissal - 2 PM		
20	21	22	23	24	25	26
27	28	29	30	<p><b>"Today a reader. Tomorrow a leader."</b> - Margaret Fuller</p> <p>MONTHLY GOAL: <input type="text"/></p>		



# OCTOBER 2020

Student of the Month: **HONESTY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>"Reading is a passport to countless adventures."</b> – Mary Pope Osborne</p> <p>MONTHLY GOAL: <input type="text"/></p>				1	PD DAY NO SCHOOL	2
3	4	5	6	7	8	9
10	Thanksgiving Day NO SCHOOL		11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	Halloween			

# NOVEMBER 2020

Student of the Month: **COURAGE**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Daylight Saving Time ENDS	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	<p><b>"There is more treasure in books than in all the pirate's loot on Treasure Island."</b> – Walt Disney</p> <p>MONTHLY GOAL: <input type="text"/></p>			

# DECEMBER 2020

Student of the Month: **SELF-CONTROL**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>"Reading is dreaming with open eyes."</b> MONTHLY GOAL: <input type="text"/>				Early Dismissal - 2 PM		
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
					Christmas Day	First Day of CHRISTMAS BREAK
20	21	22	23	24	25	26
						Boxing Day
27	28	29	30	31	<b>Merry Christmas &amp; Happy New Year</b> <i>from FMCS Staff!</i>	


# JANUARY 2021

Student of the Month: **SPORTSMANSHIP**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>"Reading gives us somewhere to go when we have to stay where we are."</b> - Mason Cooley MONTHLY GOAL: <input type="text"/>					New Year's Day	
					1	2
	CLASSES RESUME					
3	4	5	6	7	8	9
10	11	12	13	14	15	16
				Early Dismissal - 2 PM		
17	18	19	20	21	22	23
24			Second Semester Begins		PD DAY NO SCHOOL	
31	25	26	27	28	29	30

# FEBRUARY 2021

Student of the Month: **RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	Day off in Lieu of PT Interviews <b>NO SCHOOL</b>	Day off in Lieu of PT Interviews <b>NO SCHOOL</b>	School Closed <b>NO SCHOOL</b>	Teachers' Convention <b>NO SCHOOL</b>	Teachers' Convention <b>NO SCHOOL</b>	13
Valentine's Day	Family Day <b>NO SCHOOL</b>	9	10	11	12	20
14	15	16	17	18	19	27
21	22	23	24	25	26	27
28	<p><b>"The more that you read, the more things you will know. The more that you learn, the more places you'll go."</b> - Dr. Seuss</p> <p>MONTHLY GOAL: <input type="text"/></p>					

# MARCH 2021

Student of the Month: **CITIZENSHIP**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	Early Dismissal - 2 PM	5	6
7	8	9	10	11	12	13
Daylight Saving Time BEGINS	15	16	St. Patrick's Day	18	19	20
14	15	16	17	18	19	20
21	22	23	24	25	26	First Day of SPRING BREAK
21	22	23	24	25	26	27
28	29	30	31	<p><b>"A child who reads will be an adult who thinks."</b></p> <p>MONTHLY GOAL: <input type="text"/></p>		

# APRIL 2021

Student of the Month: **FAIRNESS**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>"Once you learn to read, you will be forever free." - Frederick Douglass</b></p> <p>MONTHLY GOAL: <input type="text"/></p>				1	2	3
Easter	Easter Monday		CLASSES RESUME			
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	Earth Day	Canada Book Day	24
25	26	27	28	29	30	


# MAY 2021

Student of the Month: **KINDNESS**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>"Books are the plane, and the train, and the road. They are the destination, and the journey. They are home." - Anna Quindlen</b></p> <p>MONTHLY GOAL: <input type="text"/></p>						1
2	3	4	5	6	PD DAY NO SCHOOL	8
Mother's Day						
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	Victoria Day NO SCHOOL	School Closed NO SCHOOL				
30	31	25	26	27	28	29

# JUNE 2021

Student of the Month: **RESPECT**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>"Books are a uniquely portable magic."</b> MONTHLY GOAL: <input type="text"/>		1	2	3	4	5
6	7	8	<b>KINDERGARTEN GRADUATION</b> Last Day of Classes for ECS	10	11	12
13	14	15	16	17	18	19
Father's Day	National Indigenous Peoples Day Professional Development	Professional Development	Professional Development	Professional Development	Organizational Day	<b>LAST DAY OF CLASSES</b> for Grades 1-3 <b>SUMMER BREAK BEGINS</b>
20	21	22	23	24	25	26
27	28	29	30	<b>Have a great Summer Break!</b> 		

# JULY 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Canada Day		
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31