

COVID-19 Guidance for Parents of Children Attending School and/or Childcare

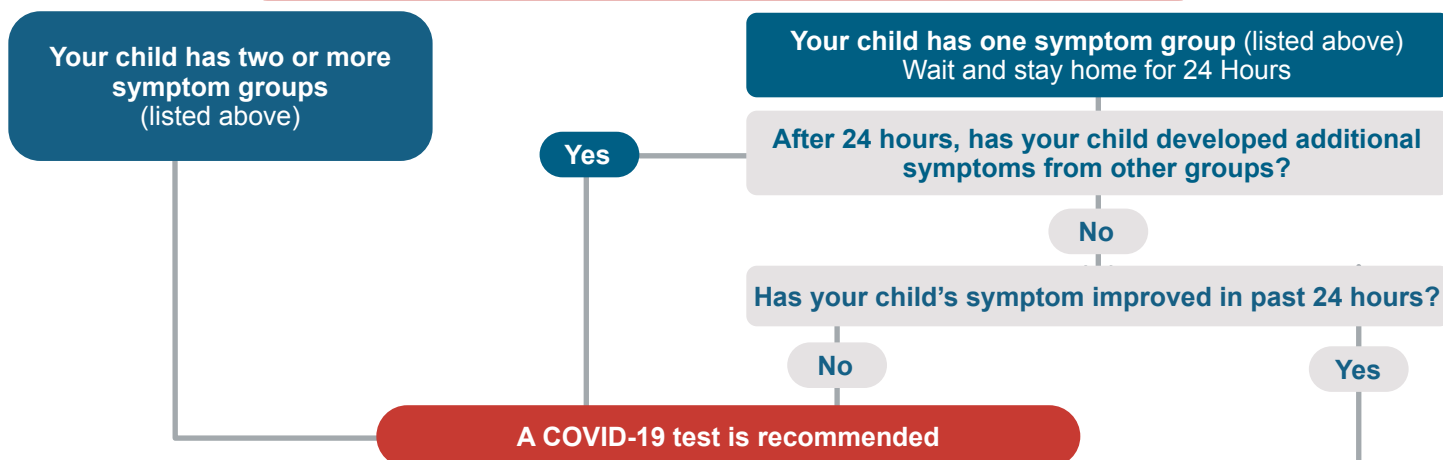
Your child has one or more of these COVID-19 symptoms that are new, worsening or not related to other known causes: Chills • Sore throat or painful swallowing • Runny nose or congestion • Feeling unwell or fatigued • Nausea or vomiting or diarrhea • Unexplained loss of appetite • Muscle or joint aches • Headache • Conjunctivitis (pink eye)



Note: Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

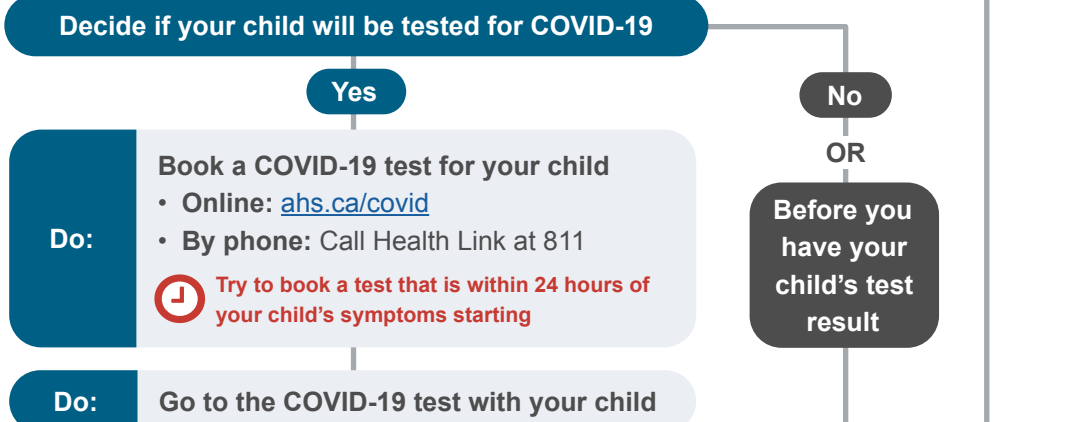
Guidance

Your child should not attend school / childcare if they are feeling unwell

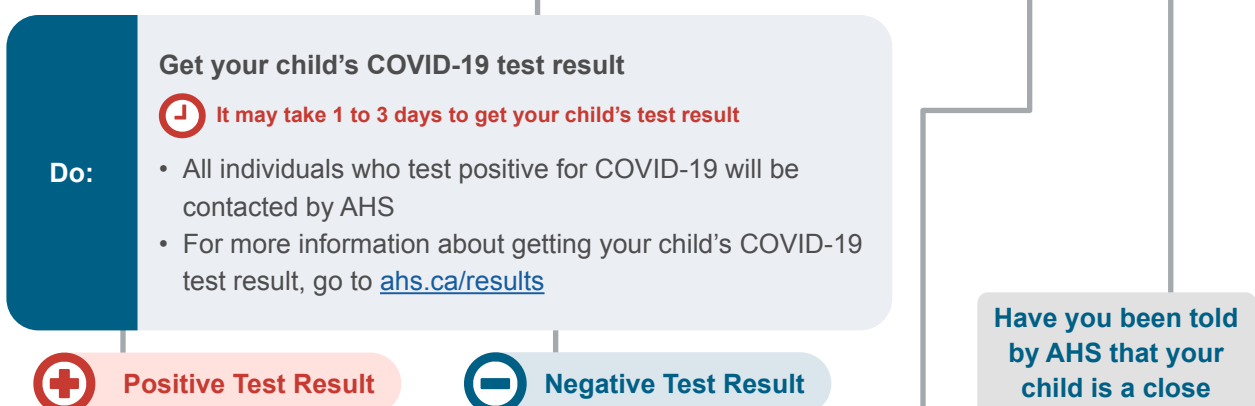


Testing

Note: If your child feels better while waiting to receive their test result, they can return to school, as long as they are not a close contact of a person who tested positive for COVID-19.



Test Result



Next Steps

What to do

Your child is legally required to stay home and **isolate** for at least **10 days from the start of symptoms**.

Visit [ahs.ca/isolation](https://www.ahs.ca/isolation) for more information.

Household members must stay home and quarantine for 14 days from their last exposure to the child.

What to do

Your child can attend school / childcare and other public places when:

- the symptom(s) have resolved AND
- it has been at least 24 hours since the symptom(s) started.

What to do

Your child is legally required to stay home and **quarantine** for **14 days from their last exposure to a confirmed case of COVID-19**.

If your child's symptoms remain after these 14 days have passed, they should stay home from school, childcare and other public places until they feel better.

Household members are not required to quarantine as long as they are asymptomatic.

What to do

Your child can attend school / childcare and other public places when:

- they feel well enough AND
- it has been at least 24 hours since the symptom started.